

Join us for the MetroWest commemoration of Tish'a B'av

Monday, July 31, 9:00 PM
Temple Israel, 145 Hartford St., Natick



Combined commemoration with Temple Beth Sholom

The Ninth (Tish'a) of the Hebrew month of Av is a day of national mourning for the destruction of the first and second Temples and capturing of Jerusalem, in 586 B.C.E. and 70 C.E., by the Babylonians and Romans, as well as other tragedies in Jewish history. Traditional observances include the same abstentions as for Yom Kippur: food, drink, wearing leather, wearing perfume, bathing, and sexual relations. Evening and morning services include the beautiful and mournful melodies of the Book of Lamentations, attributed to the prophet Jeremiah.

Temple Israel and Temple Beth Sholom will hold separate morning and afternoon services on Tuesday, August 1. Temple Israel will daven *shacharit* at 6:45 AM, including the chanting of the book of Lamentations. The afternoon *mincha* service will be at 1:00 PM, followed (for those who wish) by an afternoon break-fast, in recognition of the modern-day miracle of the state of Israel and re-unification of Jerusalem. *Tallit* and *tefillin* are not worn in the morning, when they usually would be, but rather in the afternoon. The regular evening service (*ma'ariv* only) will take place at 7:30 PM.

Tish'a B'av Schedule for Tuesday August 1 at Temple Israel:

- 6:45 AM Morning *Shacharit* Service
- 1:00 PM Afternoon *Mincha* Service and Break-fast
- 7:30 PM Regular Evening *Ma'ariv* Service